



This institution is an equal opportunity provider

FEBRUARY 2020

St. James Parish Public Schools

K -12 Grade

Monday

Red Beans w Sausage
Steamed Rice
Seasoned Greens
Coleslaw
Chilled Pears
Applesauce (HS)
Golden Cornbread
Milk Choice

3

Tuesday

Spaghetti w Meat Sauce
Popeye Salad w (spinach/ Shredded Carrots)
Seasoned Corn /WG Bread Sticks
Marinara Sauce /Melon Cup
Applesauce (HS) /Milk Choice

4

Wednesday

Hamburger / WG Bun
Lettuce /Tomato/Pickle
Potato Rounds
Sunset Sip
Apple Half
Fresh Pears HS
Cookie
Milk Choice

5

Thursday

Meatloaf or Meatballs
Steamed Rice
Mixed Veggies
Steamed Broccoli
Chilled Fruit Choice
Banana (HS)
WG Roll / Milk

6

Friday

Mini Corn Dog Nuggets
Savory Onion Rings
Carrot Sticks w/ Dip /Baked Beans
Mixed Fruit / Fresh Fruit Choice (HS)
Graham Crackers
Milk Choice
Optional: Corn Dogs

7

White Beans
Ham / Rice Seasoned Greens
Creamy Coleslaw
Peaches/ Fresh Fruit Choice (HS)
Cornbread / Milk Choice

10

Beef-a-Roni
Popeye Salad
Seasoned Green Beans
Chilled Mixed Fruit
Chilled Peaches (HS)
WG Bread Stick
Milk Choice

11

Breaded Chicken /WG Bun
Lettuce /Tomato / Pickle
French Fries
Carrot Sticks w/Dip
Chilled Melon
Fruit Choice (HS)
Graham Crackers
Milk Choice

12

Chicken/Pork/ Turkey Stew (Choice)
Steamed Rice
Steamed Garlic Broccoli
Sweet Potatoes
Fresh Fruit Oranges
Banana (HS)
WG Roll / Milk

13

Pepperoni Pizza
Steamed Corn
Dark Green Salad w Dressing
Red Grape / Apple (HS)
Graham Crackers
Valentine Cup /Milk Choice

14

Hot Dogs w/ Chilli
WG Bun
French Fries
Baked Beans
Fresh Apples
Chilled Mixed Fruits (HS)
Choice of Baked Chips
Milk Choice

17

Chicken/ Pork/ Sausage Jambalaya
White Beans
Sweet Potatoes
Chilled Mixed Fruit
Chilled Pears (HS)
WG Roll
Milk Choice

18

Beef Tacos w cheese
Tortilla Flour
Seasoned Corn
Lettuce /Tomato
Sunset Sip Juice
Grapes / Strawberries (HS)
Cookie / Milk Choice

19

Baked Chicken
Loaded Mashed Potatoes
Seasoned Green Beans
WG Roll
Chilled Orange
Canned Fruit Choice (HS)
Milk Choice

20

Chicken Nuggets or Tenders
French Fries
Popeye Salad w tomatoes
Steamed Vegetables
Fresh Fruit Apples
Chilled Fruit Choice (HS)/ Ice Cream
WG Roll /Milk Choice

21

Holiday

24

Holiday

25

Holiday

26

Holiday

27

Holiday

28

Menus are subject to change



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SCHOOL
BUCKS

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MySchoolBucks.com